

# WBPS



92<sup>ND</sup>

# NEWSLETTER

WRECK BEACH PRESERVATION SOCIETY NEWSLETTER

ALL THE NUDES THAT'S FIT TO PRINT!

BODY ACCEPTANCE IS THE IDEA.

PREPARED BY BEACH VOLUNTEERS NUDE RECREATION IS THE WAY!

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Published occasionally by a non-profit group of beach users and friends who represent the Public Interest to all authorities and levels of government. We define Wreck Beach as the Foreshore beaches from Spanish Banks West and Acadia to Booming Ground Creek bordering Maaquam lands. The Original and Official WBPS Website: [www.wreckbeach.org](http://www.wreckbeach.org)

WRECK BEACH DECLARED ONE OF CANADA'S TOP 52 WONDERS OUT OF 25,000 NOMINATIONS IN THE JUNE 7, 2007 CBC "WONDERS OF CANADA" CONTEST!

## Overall Bare Buns 2016 Top 12 results, Winning Team and Slowpokes!

(Check [www.wreckbeach.org](http://www.wreckbeach.org) for final results)

Final Place	Time	Pace 100m	Bib No.	Participant Name	City	Prov/CTRY	Sex	Place in Category
1	20:06	4:02	53	Bradley GATES	Seattle		M26-35	1/7
2	20:08	4:02	67	Marten SIMS	Vancouver		M26-35	2/7
3	20:44	4:09	40	Masa SHIBATA	Vancouver		M46-55	1/8
4	20:59	4:12	21	Daiji TANAKA	Vancouver		M26-35	3/7
5	21:46	4:22	51	Timo RANTEKEIT	Hamburg		M17-25	1/6
6	22:23	4:29	17	Glen PHILLIPS	Vancouver		M36-45	1/2
7	24:02	4:49	27	Mark NEMETHY	Vancouver		M46-55	2/8
8	24:06	4:50	13	Gerry NAITO	Vernon		M56-65	1/18
9	25:03	5:01	26	Jay BANKS	Vancouver		No Age	1/2
10	25:08	5:02	39	Chanaka WEERAKKODY	Frankliih			10/51
11	25:08	5:02	52	Chris GATES	Grandvine		M26-35	5/7
12	25:15	5:03	14	Patricia SCHEFFEL			F26-35	1/11

**SLOWEST SLOWPOKE FAMILY-** Steve and Linda Brown from Seattle

**SLOWEST SLOWPOKE INDIVIDUAL-** Brad Smith from Surrey

**FASTEST MEN'S TEAM** (Based on two fastest runners in each team): Lions Gate Road Runners-23:13 and **RUNNER-UP MEN'S TEAM:** Wreck Beach Speed Buns- 26:49

MyLaps@ChampionChip® Timing & Results by west.sportstats.ca

**A SPECIAL THANK YOU TO OUR BARE BUNS RUN CORPORATE SPONSORS AND VOLUNTEERS WHO MADE THIS RUN HAPPEN IN SPITE OF SERIOUS SETBACKS! DATE OF 2016 RUN IS JULY 17, OUR 20<sup>TH</sup> ANNUAL RUN!!! BE SURE TO SAVE THAT DATE**

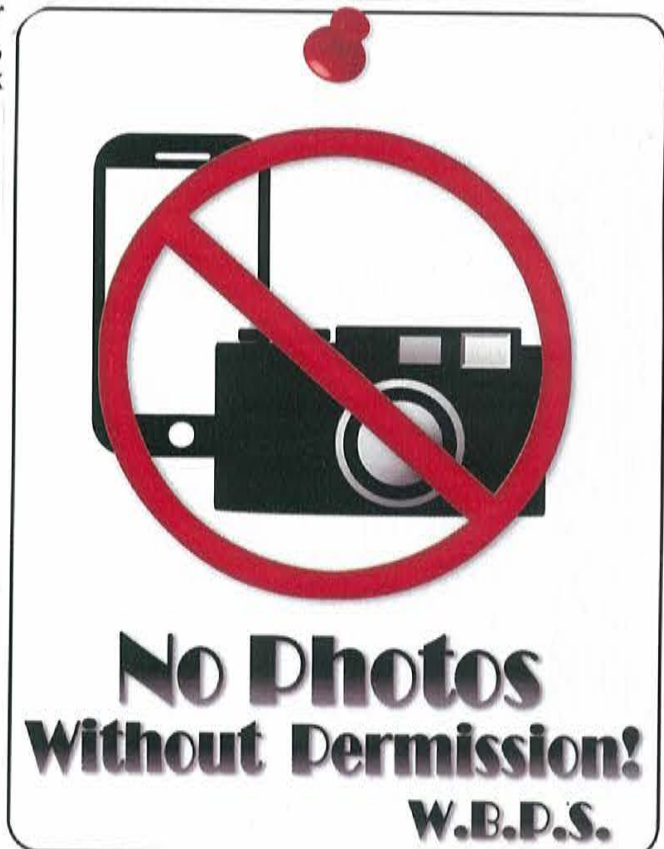
In no particular, order but with deep gratitude, we thank Australian Gold; Naturist Education Foundation; AANR-Western Canadian Region; Federation of Canadian Naturists; Mari and Billi; Lucy and Juan's Snack Shack-Peruvian Foods; Stormin' Norman's Spirit Grill; Echo & Jello; Van-Tan Naturist Club; Wreck Beach Bare; AANR, National; Vanda and Nadia at Rackets and



19<sup>th</sup> Annual Bare Buns Runners preparing for the 20<sup>th</sup> Annual Run in 2016 to be held July 17, 11:00 A.M.!!

Runners; Korky Day's Shy Therapy, Megan and Cal at Renegade Screeners, Tiger Mountain folks, and Kaniksu Ranch participants. Also special thanks to West Area Parks Staff, David Ian, our wonderful graphic designer, our Registrar, Dena, and her registration team of Bob, Glenn and Steve. Thanks, too, to our web designer and photographer, Hiro Hosono, and to many of the wonderful volunteers who made our run happen in spite of all the setbacks! A particular tip of the hat to Hiro, + Dennis K., Merman, and to Dave from Aldergrove who was a pillar of strength and who loaded the truck out at Judy's with Hiro's help. Dave bought coffee for all the valiant souls who made it to Trail 6 between 8:00 and 8:30 a.m. on Saturday and to Steve Kisby for coordinating our mock run, sending out our media and social media announcements with help from Marilyn, and for setting Judy up at last with a "new" computer!! And, we would be remiss if we didn't thank our wonderful Mistress of Ceremonies, Watermelon (See her farewell-to-Wreck press release also in this issue). Thanks to Helen for rousting out Richard to be such a great help and for her efforts in getting our fruit for run day! This 19<sup>th</sup> annual run was a team effort, no doubt about it with special thanks also to Darcy and Andre at SportsStats for professionally timing our event. And, Dave Murdoch made it safely back from his treks to help load all the paraphernalia for the run into the storage sheds for overnight! He also ran the belongings tent while Ralph, his wife, and Paul did yeoman's service in being on standby for first aid. Also, a big thanks to Tamu and Judi who have been stalwart workers this summer not only during the run, but also during the rest of the summer helping at the Wreck Beach table and selling tickets and memberships. Thanks as well to Anna and Steve for putting Judy up overnight in the most comfortable bed on the planet! And, last but not least, thanks go to the wonderful West Area field and office staff, coordinated by Tyler and Richard for their patience and perseverance. Bob Meyer was the first PSPS member to

help during a major event at the beach and that took courage; he also worked like a demon and thanks to Stormin' for coordinating some of the Sherpa's who are so strong. Truly, with all the setbacks, the actual day of the run went like clockwork and Judy is indebted to Brad for showing up on Monday morning to offload the truck at the farm and to Dave and Mary O'Connor who came out to help offload the rest of the race materials later that week. And, a wiggle of the eyebrows to Bobbi, our little guardian angel who set us up with the insurance! Last but definitely not least, thanks goes to Chris who trekked down to the beach two different similar-tide days to set up a new 5-k course that would not take runners through water in their good running shoes. By careful mapping, Chris was able to set a course in spite of the tide challenges we faced this year.



# TENTATIVE WRECK BEACH EVENTS CALENDAR FOR REMAINDER OF 2015 AND 2016

2015

Sat., Nov. 7- Parkfest for Park Volunteers- must pre-register for free.

Fri., Dec. 4- Christmas Fundraiser-- Grandview Legion- 6 p.m.-1:00 a.m.- Volunteers needed to transport everything up and down the stairs. Donations needed for prizes from services such as carpentry or other... to a stay in time-share vacation homes!

2016

Fri., Jan. 1- Spontaneous, Nude Family-Only, Polar Bear Swim.

Sat., March 20- Night Quest to let children and their adults learn about the park at night. Volunteer face painters needed to help Judy in the Face Painting and Story Telling/ Night Critters Games Tent.

Sat., May 7- 11:00 a.m. -Gather at Acadia Parking Lot, rain or shine for Gwen Jacobs Neighborhood walk. Sturdy footwear and warm clothing for inclement weather. Learn how the natives and pioneers used plants to heal and survive. Learn about Wreck's colorful history from Wreck Beach 47-year-long advocate, Judy Williams. Plan on returning to parking lot within 4 hours. Prizes for most correctly-answered questions!

Sat., June 25- INF International Body Acceptance Day. WBPS Membership Drive. BAM will be in full swing! Get discounts or perks from participating vendors for all naked BAM converts!

Fri., July 1- **NUDE-ONLY CANADA DAY PHOTO**-Bring Something Red and White --- Just Don't Wear It unless it's body paint! Your imagination is the limit! We dare you!

Sun., July 3- Tiger Mountain Bare Buns Run-Issaquah, Washington-1<sup>st</sup>-part of Buns-Across-the Border 3-Way Run!

Thurs., July 14- Mock Run for Media to Promote Wreck Beach Bare Buns Run on July 17<sup>th</sup>- 10 a.m.-Location TBA. Call Judy for details-604-308-6336.

Fri., July 15- Load Truck with run materials at Judy's Farm (Volunteers Needed Desperately)

Sat., July 16- Off-Load Truck at top of Trail 6, 8:30 a.m. and carry to bins below for Sunday morning set-up. (Volunteers needed.)

## Sun., July 17th-20<sup>th</sup> ANNUAL BARE-BUNS and 2<sup>nd</sup> of BUNS- ACROSS-THE BORDER

**RUNS!** Carry remaining items down Trail 6 and from storage bins at bottom to set up on beach for run registration by 9 a.m.. Volunteers needed to set up, register, cut up and distribute fruit and water, gather timing ankle bands, and to carry everything up the cliffs after the awards ceremony with heartfelt gratitude to all!!!

Sat. and Sun., July 23<sup>rd</sup>-24<sup>th</sup> -**THIRD INTERNATIONAL Two-Day NUDE ART SHOW WITH SKINNYDIP FUNDRAISER PHOTO AT 3:30 P.M. ON THE SUNDAY!** Each year, Roger Proctor, CEO of Genex Capital donates \$5 for each nude person in the photo so folks must pre-register in order to meet Notary Public requirements.

Sat., July 30- 36<sup>th</sup> Annual Wreck Beach Day Family Photo- 3:30 p.m.

Sun., July 31- 36<sup>th</sup> Annual Sandcastle Event-10 a.m. to 3 p.m. Also, Kite-Flying and Volleyball plus body painting contest and Hula Hoop Finale Contest with monetary prizes, conducted by Leslie Stark!

Sun., July 31- Third and Final Segment of the Three-Way Buns-Across-the Border Event where three-way run medals will be awarded to those participants who ran all three runs!

Fri., Aug. 5<sup>th</sup>: New 2016 Canada Day, Skinnydip and Family Posters will be available.

Sat., Sept. 17<sup>th</sup>- Van Aquarium International Coastal Clean-Up and Debris Inventory

Sat., Nov. 5- Parks Fest @ SFU for Park Volunteers. Free Event.

Sat., Dec. 3- ANNUAL CHRISTMAS FUNDRAISER PARTY-CANADIAN LEGION, Grandview Branch, 6<sup>th</sup> and Commercial, 6 p.m.-1 a.m.- Volunteers needed to help offload and move everything upstairs.

## FLOTSAM AND JETSAM

Thumbs down to the particular Surfrider's group who insisted on setting up their buckets, garbage collection and garbage inventory tent right where the ice cream cart always sets up. They refused to listen about not setting up there even after it was explained that it was Brent and Barbara's spot. When Brent showed up and asked them to move, they told him that Judy had given them permission to set up there! Definitely not nice. Thumbs down to the pit bull of a woman who was with them who insisted they could set up in Brent and Barbara's spot. And, welcome back to Barbara after her Odyssey as we have missed her. Thumbs down to the idiot flying a drone over sunbathers at Wreck and one wonders why folks are reluctant to go naked in the light of all the cameras whether they be on drones, in the Powell River flights doing 360's over Wreck Beach crowds, or on smart phones, camera phones and selfies. Next time, though, when tempted to toss a camera in the drink because children are being photographed, take out the chip, call the police and get a good photo of the perv so that we may circulate it to the vendors for posting at their stands. When we have a suspected pedophile, police should be called immediately and the person detained. Thumbs down on the Ubyyssey for publishing an article on how to start fires on Wreck Beach. Not a cool thing to do to advise folks on how to avoid park rangers and RCMP in order to get your fires going during extreme fire season. Outrageous. Right up there with Party Vancouver who exhorted thousands to descend upon the beach without even conveying naturist beach etiquette and guidelines re garbage, photography and so forth. We tried to get the UBC President to have a word with not only the newspaper but the reporter who thought he was being so clever but it was right when the scandal about the President's precipitous departure

from UBC was beginning to break. A tip of the hat to Tony who sells such funky sunglasses and moon phases necklaces. He has re-located from the bottom of the stairs to beside Stormin' Norman. So good to see all our vendors back! And, rumours have it that love is in the air...

## SHY THERAPY

By Korky Day

The world lately seems to be suffering a rise in "clothoholism." Countries where they used to wear shorts are now in burqas. Schools and students now are afraid of gang showers. Even the media is reducing its social nudity (non-sexual).

At our nude-friendly Wreck Beach, 2 of us volunteer peer-counsellors walk the beach. Our signs say 'Free Shy Therapy'. We try to heal the invading fashion-addicts. Suffering patients flock to us by the dozen each hour. Most textiles start by telling us that they are not shy at all, that they 'just feel like' wearing pants at Wreck Beach for no clear reason. Those pathetic denials we sweep aside and get to the business of exploring people's hidden motives, be they fearful, self-hating, or selfish, etc. I usually help the men; and Cindy, the women. Mostly we talk with groups, which we enjoy because of their special dynamics. We take referrals, but all our patients are strictly voluntary. Our therapy doesn't involve drugs or tugging on people's clothing. We just talk. (And offer sunscreen.) We refuse money and send donors to the Wreck Beach Preservation Society.

Our results are eye-opening! Surprisingly many men falsely think that for them to go nude would be sexually forward. We explain that such is the unnatural myth spread at 'the top of the hill' (the dominant anti-nudist anti-naturist culture away from the beach). Most nude women at Wreck Beach tell us that they actually feel a little concerned or uneasy about the prevalence of clothed men on parts of the beach. We often see gals smile when they see the idea of reciprocity lighting up a man's imagination. So why don't more men go nude at Wreck Beach? They don't fear for their physical safety. However, more than a few exhibit symptoms of unease with the idea that they might be judged, as women constantly are judged in non-nudist circles. Nobody minds judging others, of course, just being judged. Also, many men seem mildly homophobic. We like to discuss all the aspects and benefits of social nudity. On the personal level, for instance, a little breeze and sun can sanitise the skin, especially in crevices that germs and yeasts like. On the social level, naturism and nudism contribute to a strong community spirit of love and peace. That is what has made our beach world-renowned, in addition to the natural landscape. On the political level, our close-knit community can protect our beach and our lifestyle, as long as opposing forces don't see us as in decline. We and the public joke much. We spend hours discussing all the related philosophical, historical, economic, geographic, psychological, pharmacological, and sociological issues. We rescue relapsers. We award certificates. We befriend all kinds and help them grow personally and socially. We leave people talking about the issues among themselves. Why are there still only 2 of us shy therapists after 4 years of this initiative? You haven't joined our team yet! It's easy and fun. Free training, etc.: [www.korky.ca](http://www.korky.ca)